



POINTE-CLAIRE

Are you ready if emergency strikes?



As part of the Quebec government's **Civil Protection Week** and the Canadian government's **Emergency Preparedness Week**, the City of Pointe-Claire reminds you that it is important to make sure you are prepared to face any potential emergency situation or disaster.

You will be responsible for the first decisive steps that will ensure your own safety, and the safety of your family, until emergency workers arrive on the scene.

What can you do?

- Identify the risks
- Make a plan
- Have an emergency kit

Remember: your safety is your responsibility, first and foremost!

Identify the risks



Adequate preparation means knowing what kind of risk you might have to face.

In Pointe-Claire, as elsewhere throughout Quebec, we are exposed to a variety of risks: accidents involving hazardous materials, contaminated water or shortages of drinking water, fires, floods, power outages, earthquakes, violent winds, etc.

The Government of Quebec's tips on prevention can be found at www.securitepublique.gouv.qc.ca.

Make a plan



Making your own customized plan will help you take appropriate action in the event of an emergency.

Your plan should include the following points:

- Safe exits from your home and transit routes in your neighbourhood
- Meeting places
- Resource persons
- Health and insurance information
- A place where your pet can stay
- Emergency contact information
- Location of your fire extinguisher, water and gas inlets, electrical panel and floor drain

Your plan will be very useful if an emergency strikes. Take a few minutes to prepare it.

Have an emergency kit



Be prepared to be self-sufficient for at least 72 hours: this is how long it could take emergency workers to get to you, or for disrupted utility services to be restored.

During this period, you will need certain essential items. Keep in mind that you may have to manage on your own without power or running water.

Recommended items for a basic emergency kit:

- Drinking water – two litres per person per day, for at least three days
- Non-perishable foods – enough to last at least three days
- Manual can opener
- Flashlight with spare batteries
- Battery-operated radio with spare batteries
- First aid kit
- Candles
- Lighter and matches

**Design
your kit
to suit
your needs.**

If you need to evacuate your home, the following items could be very useful:

- Medications and a list of medications
- Personal hygiene items: toothbrushes, towels, soap, toilet paper, garbage bags
- A change of clothes and blankets
- Extra car keys and house keys
- Cash and change
- Important personal papers, including photocopies of your identity documents

Tip:

Put these items in a bag or other container ahead of time.

Sources

Government of Quebec: www.securitepublique.gouv.qc.ca

Government of Canada: www.getprepared.gc.ca

**Learn how to
administer
first aid:
you could
save lives!**



The City of Pointe-Claire offers training in first aid and cardiopulmonary resuscitation (CPR).

**For more information: 514-630-1214
or rcr@pointe-claire.ca**



Stay informed by signing up for CodeRED

The City uses an automated emergency call service to broadcast alerts and general advisories to citizens.

The CodeRED database contains all listed landline telephone numbers located within the City of Pointe-Claire as of 2014.

If your number is unlisted or you have only a cell phone, or if you have lived in Pointe-Claire only since 2014, this is what you should do to sign up:

- Visit the City's web site at www.pointe-claire.ca
- Click on the CodeRED button on the home page
- Fill in the required information

What happens if I fail to answer a CodeRED call?

- If you have voicemail, the system will leave a message.
- If you do not have voicemail, the system will call you back at least three times within 15 minutes.

Can I listen to an advisory a second time?

When you receive a CodeRED call, the number 866-419-5000 will be displayed. To hear the most recent advisory, dial this number from the same telephone.



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**For more information:
514-630-1200
www.pointe-claire.ca**