



ACTION DE GRÂCE

THANKSGIVING

Un petit rappel :

As a reminder:

**AUCUN PROGRAMME
À L'HORAIRE**

**NO PROGRAMS
SCHEDULED**

**du samedi au lundi
les 10, 11, 12 octobre**

**Saturday to Monday
October 10, 11, 12**

HORAIRE DES JOURS FÉRIÉS

HOLIDAY SCHEDULE

Dimanche 11 octobre
Réception : 9 h – 16 h 30

Sunday, October 11
Reception: 9:00 a.m. – 4:30 p.m.

9 h 30 – 13 h 30	Salle de musculation	9:30 a.m. – 1:30 p.m.	Weight room
10 h – 11 h 30	Natation en couloir (10-50 m)	10 a.m. – 11:30 a.m.	Lap swim (10-50 m)
12 h – 14 h 30	Zone jeux (25 v)	12 – 2:30 p.m.	Fun Time swim (25 y)
13 h - 16 h	Natation en couloir (10-50 m)	1 – 4 p.m.	Lap swim (10-50 m)
13 h - 16 h	Tremplins (10–50m)	1 – 4 p.m.	Diving boards (10-50 m)
14 h 30 – 16 h	Natation familiale (6-50 m)	2:30 – 4 p.m.	Family swim (6-50 m)

Lundi 12 octobre
Réception : 9 h – 16 h 30

Monday, October 12
Reception: 9 a.m. – 4:30 p.m.

6 h – 13 h	Salle de musculation	6 a.m. – 1 p.m.	Weight room
6 h – 12 h	Pickleball *	6 a.m. – 12 p.m.	Pickleball *
9 h – 13 h	Tremplins (10-50m)	9 a.m. – 1 p.m.	Diving boards (10-50m)
9h – 13 h	Natation en couloir (10-50 m)	9 a.m. – 1 p.m.	Lap swim (10-50 m)
12 h – 13 h 30	Nage libre adulte (25 v)	12 – 1:30 p.m.	Adult leisure swim (25 y)
13 h – 15 h	Pickleball *	1 – 3:00 p.m.	Pickleball *
13 h 30 – 16 h	Natation familiale (6-50 m)	1:30 – 4 p.m.	Family swim (6-50 m)

* Pickleball- par réservation : multi.pointe-claire.ca

* Pickleball- by reservation: multi.pointe-claire.ca