

Gymnasium schedule from September 8th to October 10th 2026

During open gym times, no racket or net sports are permitted

	Gym 1		Gym 2		Gym 1		Gym 2		Gym 1		Gym 2		Gym 1		Gym 2		Gym 1		Gym 2	
Time	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY							
6AM	OPEN GYM All Ages 6- 7:15 a.m.		OPEN GYM All Ages 6- 7:15 a.m.		OPEN GYM All Ages 6- 7:15 a.m.		OPEN GYM All Ages 6- 7:15 a.m.		OPEN GYM All Ages 6- 7:15 a.m.		CLOSED		CLOSED							
7AM																				
8AM	PICKLEBALL Adult 16+ 7:30 - 10:30 a.m. Intermediate-high Members only	PICKLEBALL Adult 16+ 7:30 - 10:30 a.m. Advanced Members only	BADMINTON Adult 16+ 7:30 - 10:30 a.m. Members only		PICKLEBALL Adult 16+ 7:30 -10:30 a.m. Members only		BADMINTON Adult 16+ 7:30 - 10:30 a.m. Members only		PICKLEBALL Adult 16+ 7:30 - 10:30 a.m. Intermediate-high Members only		PICKLEBALL Adult 16+ 7:30 - 10:30 a.m. Advanced Members only	OPEN GYM All Ages 7:30 - 8:00 a.m.		OPEN GYM All Ages 7:30 - 8:15 a.m.						
9AM													BASKETBALL All Ages 8:00 - 10:15 a.m.		PICKLEBALL All Ages 8:30 a.m. - 10:30 a.m.					
10AM																				
11AM	BADMINTON Adult 16+ 10:45 a.m. -12:45 p.m.		PICKLEBALL All ages Beginners/ low-intermediate	INTRO to PICKLEBALL with coach Chris	BADMINTON Adult 16+ 10:45 a.m. -12:45 p.m.		PICKLEBALL Adult 16+ 10:45 a.m. -12:45 p.m.		BADMINTON Adult 16+ 10:45 a.m. -12:45 p.m.		BADMINTON All Ages 10:30- 12:45 p.m.		BADMINTON All Ages 10:45 - 12:45 a.m.							
12PM																				
1PM	NOT AVAILABLE		NOT AVAILABLE		NOT AVAILABLE		NOT AVAILABLE		NOT AVAILABLE		NOT AVAILABLE		NOT AVAILABLE		OPEN GYM 13+ 1 - 3:30 p.m.		NOT AVAILABLE			
2PM																				
3PM	PICKLEBALL All ages Beginners	INTRO to PICKLEBALL with coach Chris			PICKLEBALL All ages				PICKLEBALL All ages											
4PM	BASKETBALL 13+ 4 - 6:45 p.m.		BADMINTON All ages 3:15 - 4:45 p.m.		BASKETBALL 13+ 4- 7 p.m.		BADMINTON All ages 3:15 - 4:45 p.m.		BASKETBALL 13+ 4 - 6:45 p.m.								VOLLEYBALL Adult 16+ 3:45 - 5:45 p.m.			
5PM	NOT AVAILABLE		SOCCER All Ages 5 - 7 p.m.		NOT AVAILABLE		NOT AVAILABLE		NOT AVAILABLE				Badminton All Ages 4:15 - 7:30 p.m. From September 8th to October 10th only							
6PM																				
7PM	BADMINTON Adult 16+ 7 -9 p.m.		NOT AVAILABLE		BASKETBALL Adult 16+ 7- 9 p.m.		VOLLEYBALL Adult 16+ 7 - 9 p.m.		PICKLEBALL Adult 16+ 7 - 9 p.m.				CLOSED		CLOSED					
8PM																				

Gym 1 - Basketball court 3 & 4

Gym 2 - Basketball court 1 & 2