

# Ping Pong (in the spinning studio)

September 8<sup>th</sup> to December 23<sup>th</sup>

|           |                                                                                                                                                                                                                                                       |                                             |                                                                                                                                                                                                                                                                                                                                                 |
|-----------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Monday    | 6:15 to 9:45 a.m.                                                                                                                                                                                                                                     | 11:15 a.m. to 2:15 p.m. & 3:45 to 5:45 p.m. | 7:15 to 8:45 p.m.                                                                                                                                                                                                                                                                                                                               |
| Tuesday   | 6:15 to 9:45 a.m.                                                                                                                                                                                                                                     | 11:15 to 8:45 p.m.                          |                                                                                        |
| Wednesday | 6:15 a.m. to 2:15 p.m.                                                                                                                                                                                                                                | 3:45 to 5:00 p.m.                           | 6:45 to 8:45 p.m.                                                                                                                                                                                                                                                                                                                               |
| Thursday  | 6:15 to 10:45 a.m.                                                                                                                                                                                                                                    | 12:15 to 8:45 p.m.                          |     |
| Friday    | 6:15 to 9:45 a.m.                                                                                                                                                                                                                                     | 11:15 a.m. to 2:15 p.m.                     | 3:45 to 8:45 p.m.                                                                                                                                                                                                                                                                                                                               |
| Saturday  |    | 11:15 a.m. to 7:15 p.m.                     |                                                                                                                                                                                                                                                              |
| Sunday    | 7:45 to 9:45 a.m.                                                                                                                                                                                                                                     | 11:15 a.m. to 7:15 p.m.                     |                                                                                                                                                                                                                                                                                                                                                 |