



Olive-Urquhart Sports Centre - POOL
September 19 to December 2, 2025

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
9am			Lap Swim 9 - 10 a.m.					
9:30am								
10am			Fun Time Swim 10 - 11 a.m.					
10:30am								
11am							Lap Swim 11 - 11:55 a.m.	
11:30am								
12pm			Lap Swim 12 - 1 p.m.			Lap Swim 12 - 1 p.m.	Fun Time Swim 12 - 3: 55 p.m.	
12:30pm								
1pm						Fun Time Swim 1 - 3:55 p.m.		
1:30pm								
2pm								
2:30pm								
3pm								
3:30pm								
4pm								
4:30pm								
5pm								
5:30pm								
6pm								
6:30pm		Fun Time Swim 6:30 - 7:40 p.m.						
7pm								
7:30pm								
		Lap Swim 7:45 - 9:00 p.m.	Lap Swim 7:45 - 9:00 p.m.					
8pm								
8:30pm								
9pm								