Pointe Claire

Olive-Urquhart Sports Centre - POOL
September 9 - December 14, 2026

Time	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8am							
8:30am							
9am				Lap Swim 9:00 - 11:00 a.m.			
9:30am							
10am		Lap Swim 10:00 - 11:20 a.m.					
10:30am							
	Lap Swim 10:55 - 11:55 a.m.						
11am							
11:30am							
12pm	Fun Time Swim 12:00 - 3: 55 p.m.			Lap Swim 12 :15 - 1:40 p.m.			Lap Swim 12:00 - 12:55 p.m.
12:30pm							
1pm							Fun Time Swim 1:00 - 3:55 p.m.
1:30pm							
2pm							
2:30pm							
3pm							
3:30pm							
4pm							
4:30pm							
5pm							
5:30pm							
6pm							
6:30pm							
7pm							
7:30pm							
				Lap Swim 7:30 - 9:00 p.m.			
8pm							
8:30pm							
9pm							